

In This Issue

[Introducing: Ashlan](#)

[Timeline of a Building](#)

[Envelope Restoration
Project](#)

[Let's Be Better!](#)

[Photo of the Month](#)

Quick Links

[Visit Our Website](#)

Recommended Reading



Start

By: Jon Acuff

Review By: Rebecca Reilly

Start is a very upbeat and inspirational book about following your life's dreams and never settling for averageness.

It encourages fearlessness in the quest to live passionately and resolutely. The author refers to the difficult journey of self discovery and purpose, along with everything involved in the realization and manifestation of that personal aspiration, as the "path to awesome."

He describes his own trials and tribulations as he made his way down this path, and offers his readers some insights and tools to help them to reach their own

"awesome." The book outlines chronological steps from: determining one's purpose, achieving it, and finally mentoring others on their paths. The author also believes that it's never too late in life to begin this journey. This is my favorite message. Acuff says that "you're in your 20s anytime you start learning something new," and that we only

reach their own "awesome." The book outlines chronological steps from: determining one's purpose, achieving it, and finally mentoring others on their paths. The author also believes that it's never too late in life to begin this journey. This is my favorite message. Acuff says that "you're in your 20s anytime you start learning something new," and that we only mature through our learning experiences. Additionally, multiple paths to "awesome" are encouraged, as long as they do not contradict each other. That would lead to unwelcome lessons in futility.

Recommended Restaurant

December 2016 Newsletter

Greetings!

The following is the latest edition of the Sullivan Engineering newsletter. This newsletter is being provided as a courtesy, based on our professional relationship. As always, your feedback and suggestions regarding this newsletter as well as requests for future topics are appreciated. Please feel free to email us at newsletter@sullivanengineeringllc.com.

Quote of the Month

"Do not follow where the path may lead. Go, instead, where there is no path and leave a trail."

- Ralph Waldo Emerson

FISP Report Reminder!!

Please remember to file your FISP report for cycle 8A by February 20th! According to the DOB, they currently received approximately 1,000 reports and need 4,000 more. Be prepared to avoid penalties.

Introducing: Ashlan McHugh

By: Olivia Zeidner



We are excited to introduce the newest member of our team, Ashlan McHugh. Over the past decade, Ashlan has worked as an administrator for a law office, an accounting firm and a music studio. Exposure to these vastly different office cultures has allowed her to seamlessly adapt to and navigate her new work environment, and efficiently and effectively work with all the personality types in our office. Ashlan is bringing her strong technical, writing, communication, customer service, and people skills to her new administrative role at Sullivan Engineering.

In her spare time, Ashlan enjoys an active lifestyle, including hiking and kickboxing. Typical of all our team members, she loves to read and is a life learner. She is currently taking a creative writing course. Ashlan has taken several art courses, and recently enrolled in a welding class where she looks forward to using her newly acquired techniques in a creative capacity.

Timeline of a Building Envelope Restoration Project

By: Kevin Duffy





Banc Cafe

431 3rd Ave, NY, NY
Review By: *Elizabeth Toomey*

Murray Hill's sports bars and restaurants often attract young professionals looking to relive their good old college days. In this neighborhood known for its frat house vibe, Banc Café is a refreshing alternative. Housed in a 1920's refurbished bank, with an unexpectedly trendy bohemian interior, Banc Café offers upscale pub food at reasonable prices for the area. The starters or "Small Plates" include: goat cheese croquettes that are perfect for sharing, and a variety of fresh seafood options from coconut shrimp to tuna tartare. Among the main entrées or "Big Plates", the "Banker Burger" really stands out. Dusted with Cajun seasoning and topped with roasted red peppers, Portobello, goat cheese, bacon and chipotle mayo, the "Banker Burger" is a spicy explosion of flavors. Banc's bartenders put their unique spin on classic cocktails, serving up cucumber martinis and jalapeno margaritas. And, local business professionals who work late will appreciate daily happy hour specials that run until 8:00 p.m., as opposed to the traditional 7:00 p.m. So if you and your friends are looking for good food, creative cocktails, a fun staff and a lively atmosphere, head to Banc Café.

Recommended Application



Stash

Review By: *Donna Rama*

Stash is the newest investment application for iPhone or Samsung devices. Similar to apps like Digit, Acorns, Qapital and Robinhood, Stash allows users to invest small amounts of money in a recurring or manual investment plan.

It's December already? I bet most of you have thought that at some point within the past couple of weeks. Time certainly does fly, especially for insanely busy property or facility managers. For this exact reason it's important to have a good understanding of what's involved in the planning and execution of a successful building envelope restoration project. Even industry professionals with years of experience might benefit from an outline of a project's stages.

Having inspections or investigations performed and comprehensive and detailed reports prepared is the first step in any restoration project. Often, that report is a [FISP \(Façade Inspection Safety Program, formerly Local Law 11/98\) report](#). If the building is...[Read More](#)

Let's Be Better!

By: *Mike Frech*



Continuing education and the pursuit of personal improvement are 2 of the most important fundamental principles of our company's culture. We understand that industry professionals must be constantly learning, as well as personally improving, to truly realize their full potential. We believe that the time and energy spent striving to simultaneously attain these goals is a necessary and extremely worthwhile effort.

Attending classes and seminars is often looked at as a necessary step to maintain a state license or an organizational designation. While this is true, there are a tremendous amount of building envelope restoration topics to choose from. Rather than taking a class on something already familiar just to satisfy a state or organization's...
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Photo of the Month



The leaves are still hanging on in front of one of our favorite past facade restoration projects at 166-170 Mulberry Street

If you have any questions regarding this newsletter or any other topics that we have discussed please feel free to contact us at 973-706-8584 or via email at engineering@sullivanengineeringllc.com

Sincerely,

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Investors can now purchase fractional shares of ETF's or stocks without paying broker fees or contributing a minimum investment amount, allowing them to build a stock portfolio without major upfront money.

The app allows users to create a portfolio that aligns with their wants, needs, or even their beliefs. For example, a Stash investor can invest in a portfolio that follows investments such as: Warren Buffet's Berkshire Hathaway, Green Energy, Clean Water, or major tech companies.

A key advantage of Stash is its low costs. Stash is free to use for the first 3 months. After that, it costs \$1 a month for all investments under \$5000. When a user's portfolio exceeds \$5000, an interest rate of .25% will be charged.

Stash also functions as a financial advisor. After a user signs up, the app asks a series of questions to determine whether a conservative, moderate or aggressive investment track is best. Eliminating the thousands of investment options that make the average person's head spin, Stash's platform is designed to make investing simple and less intimidating.

Investing that small amount of disposable income has never been so easy. But keep in mind that the fees will dry up too small an investment.

Stash's "Slow and Steady" investment strategy is an excellent way to start small and gradually build an investment portfolio.

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