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In This Issue

[Stone Restoration](#)

[Wood Trim Deterioration](#)

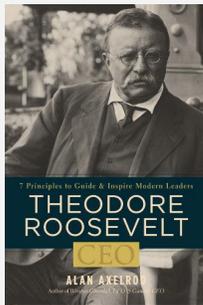
[Is Your Building Physically
Fit?](#)

[Photo of the Month](#)

Quick Links

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Recommended Reading



Theodore Roosevelt

By: Alan Axelrod

Review By: James Monahan

Alan Axelrod's latest masterpiece focuses on one of our country's most popular Presidents, Theodore Roosevelt. The book chronicles his life's journey from a young sickly, yet ambitious boy through his eventual presidency, highlighting his reactions and decisions to various encounters he faced or situations he found himself in. As in the other books in the CEO series, Axelrod translates the life of an extraordinary man into 7 key principles and over 130 lesson points that can be applied in the modern business world. Many of his brilliant

July 2016 Newsletter

Greetings!

The following is the latest edition of the Sullivan Engineering newsletter. This newsletter is being provided as a courtesy, based on our professional relationship. As always, your feedback and suggestions regarding this newsletter as well as requests for future topics are appreciated. Please feel free to email us at newsletter@sullivanengineeringllc.com.

Quote of the Month

"If you are not willing to risk the usual, you will have to settle for the ordinary."

- Jim Rohn

Stone Restoration

By: Rebecca Reilly



Stone elements are often the most notable building features, often defining a building's style. Similar to all other building elements, stone pieces require proper repair and maintenance. Since there are various options to consider when developing a plan to restore stone, it's important to hire experienced mechanics to ensure that stone elements remain attractive and safe features.

Since patching materials are usually less expensive when compared to other materials, patching is typically the most cost effective option to restore stone. Patching is usually performed at small spalls or cracks. Material manufacturers, such as Jahn and Edison Coatings, offer matching services to ensure that the

quotes, such as "Speak softly, and carry a big stick" are analyzed in order to garner the thoughts, skills and frames of mind that can be adopted and emulated by today's business leaders. One standout lesson explains the difference between being a leader and being a politician. Politicians do what they have to in order to stay in office or further their careers; whereas leaders do what they believe is right. The CEO series by Alan Axelrod is a must read for anyone who is ambitious and career minded, and Theodore Roosevelt CEO is a great place to start.

Recommended Restaurant



Asiate

80 Columbus Circle
Review By: Ali Hameed

Asiate mixes contemporary American cuisine with delicious Asian influences, and all within one of the most unique dining settings in Manhattan. A combination of gracious service, inventive cuisine, stylish décor and stunning views ensures makes it popular with tourists and locals alike. Sitting "above" the city at the 35th floor of the legendary Mandarin Oriental Hotel, just past Columbus Circle, truly feels like dining in the sky. Drawing inspiration from the views of Central Park, an incredible wintertime tree branch

color of the patching material closely matches the existing stone. Color matching, along with the proper installation by skilled masons, are necessary to make any patch repair less visible. Patching may not be an option if the existing stone is extensively deteriorated.

Dutchman repair is another technique performed on deteriorated or damaged stone. It involves removing the faulty portion of stone and...[Read More](#)

Wood Trim Deterioration

By: Joe Czaszynski



Wood trim deterioration is a common site, especially on aging buildings. Window casings, door casings, corners, frieze, baseboards, soffits, rakes, fascia, etc. are all integral parts of a façade that are made of wood. When these wood trim components deteriorate or rot, it can be very unsightly and costly to building owners. Trim deterioration often results from improper trim or sealant installation, flashing issues, or improper maintenance.

Trim should never be installed directly against other horizontal building components, such as: roofs, decks, balconies, terraces, etc., nor come in contact with built-up grade or mulch. A gap between the trim and these components will allow water to properly flow away from the building and its components. If trim is installed too tightly, trapped water can deteriorate both the trim and adjacent building components...[Read More](#)

Is Your Building Physically Fit?

By: James Monahan

sculpture hangs from the ceiling. Both breathtaking in scope and style, it is the focal point of the restaurant.

Recommended Application



Glypse

Review By: Ali Hameed

Glypse is a free app that allows you to share your location with friends and family using GPS tracking in real time. It's designed to let others track your whereabouts in order to find you, or to track your progress as you travel to them. Unlike other location tracking apps, Glypse lets you selectively share this information with the people you want, for the duration of time you want. With Glypse, you can keep expectant family, co-workers, airport transport, or anyone else who is anticipating your arrival, updated on your travel progress. Glypse works on all Mobile, tablet or desktop devices.

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As building envelope consultants, we see many buildings that, neglected over time, are now in disrepair and in need of significant restoration. Adopting a cost cutting whenever possible mentality, as opposed to developing a [maintenance program](#) that prevents larger scale upkeep down the line, often causes present and future problems and costs building owners and property managers even more.

Maintaining a building can be compared to maintaining the human body. To remain physically fit, we need to develop positive routines. We develop maintenance programs such as practicing healthy eating, following an exercise program, and getting annual checkups at the doctor, which often include having certain tests periodically performed. These common practices help ensure your body is operating properly. Additionally, if we maintain our health and fitness at a young age, it often translates into a longer and more productive life. Similarly, with a proper maintenance program in place, building owners and managers can avoid future, and sometimes major, complications.

People schedule doctor's appointments seeking their professional advice. Doctors ask a variety of questions to assess symptoms, perform tests to identify illness or disease, and provide treatment programs. It's imperative that building owners and property managers schedule similar appointments with engineers or architects who can perform regular inspections and surveys to evaluate the overall fitness of a building...[Read More](#)

Photo of the Month



View of Washington Square Park

If you have any questions regarding this newsletter or any other topics that we have discussed please feel free to contact us at 973-706-8584 or via email at engineering@sullivanengineeringllc.com

Sincerely,

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